

Flatirons Ski Club

Social



July 2023

An Outdoor Multi Sports and Group

www.FlatironsSkiClub.com

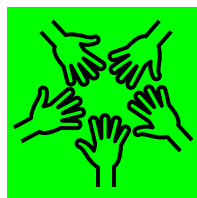
**SAVE THE DATE for the FSC Membership Picnic on
September 23rd, 2023
Location: Louisville Community Park**

LATE BREAKING NEWS

Our President, Beth Gaffney, suffered a fall about June 9th, cleaning her kitchen and she broke the top of her left tibia. (The message is don't clean your kitchen.) She will be non-weight-bearing for 8 weeks! She is in rehab for at least another week, but, when she gets home, she may need help. In the meantime, I'm sure cards would be welcome.

So, this President's message is being written by the Vice President, Louisa Young. If Beth were writing, she would tell you that **we need a person to be a back-up or co-Webmaster for Roger Briden**. If you have the skills to do that, it would be a great benefit to the Club, so please consider if you could fill that role. We rely on volunteers, and this is one of those important jobs.

Louisa M. Young, Vice President



.... And here is another call for a volunteer: **The Fraser House Alpine Center winter trip scheduled for February 27 to March 1, 2024, has an opening for a coordinator**. If interested, please contact Richard Varey, Downhill & Nordic Ski Chair.

Thursday Hikes May 2023

We continue to meet on Thursdays at the Meadows Shopping Center. We meet at 7:45 AM and leave at 8:00 AM. People can carpool from the Meadows Shopping Center, or they can drive by themselves to the trailhead. The Meadow Shopping Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the Bank and Remax realty building. Just look for people standing by their cars.

The weather is changeable. Be prepared for all types of weather.

Call Sue Evans or Louisa Young to let us know if you are planning to hike and to confirm that we will be hiking if the weather forecast is questionable.

3rd Thursday Hike – July 20, 2023 Watrous Gulch

This little used trail shares a trailhead with Herman Gulch, for beauty it is unsurpassed. The trail starts in the forest and goes above the tree line. It is an in/out hike, and you may turn around wherever you like. With the late melting snow and the warm July days there will be enough hiking and flowers for everyone. Meet at Meadows Mall 7:45 AM, arrange carpools, and leave at 8:00 AM. More details by email the Sunday before the hike, Dolores afainer@yahoo.com.

TUESDAY EVENING HIKES - July 2023

Meet at trailhead promptly at 6.00 p.m. We will hike 60 – 80 minutes. Potluck at trailhead after hike. Bring a dish for 6 – 8 people to share, your own plates, drink, and utensils.

July 4th – No organized hike

July 11th – Coordinator Louisa Young

Bald Mountain – Trailhead is up Sunshine Canyon (Mapleton) 5 miles west of Boulder on the left. It is well marked. The trail is 1 mile with one short challenging part, and the views are spectacular. There are picnic tables near the

parking area where we will enjoy our potluck.

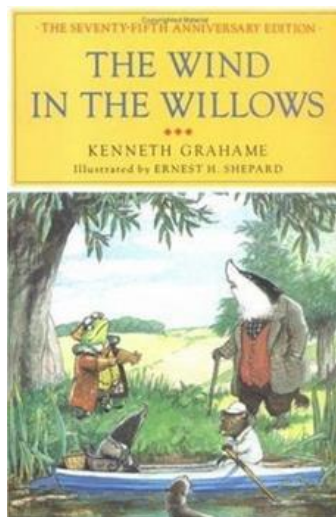
July 18th – Coordinator Pat Irwin

Bike or Hike - Meet at Pat's house, where we will have our potluck at the end of the hike.

July 25th – Coordinator Ellie Bertram

Bear Creek Trailhead – Broadway to Table Mesa Drive, West on Table Mesa to Lehigh, turn left (South) and go to Bear Mountain Drive, turn right, and go up the hill 1 mile, passing Wild Wood Rd, to trailhead on the right.

The potluck location is at Viele Lake Shelter – Take Bear Mt Drive back to Lehigh, left on Lehigh back to Table Mesa and turn right (East) on Table Mesa to Gillespie, turn right and go 1 mile to Viele Shelter near bathrooms.



FSC Book Club

DATE: Monday, July 10, 2023, Time: 6:45 PM
PLACE: Zoom Meeting
DISCUSSION LEADER: Richard Patnoe
BOOK: **The Wind in the Willows**
by Kenneth Grahame

For more than a century, *The Wind in the Willows*, and its endearing protagonists - Mole, Mr. Toad, Badger, and Ratty - have enchanted children of all ages. Whether the four friends are setting forth on an exciting adventure, engaging in a comic caper, or simply relaxing by the River Thames, their stories are among the most charming in all English literature.

Raft Trip Browns Canyon Last week of July – Canceled

Durango/Silverton Train Trip Target date – Wednesday, September 27, 2023 - Canceled



The 2023 Wildflower Crested Butte Trip is full and has no available additional spots.

2023 Wildflower Rambles

The rambles leader core has set additional trips into August. The recent rains are fueling a spectacular wildflower season – though the cooler temperatures have delayed the timing a bit. With warmer temperatures the flowers may explode.

Wildflower Rambles is using an interest list of participants to communicate. A date, destination, and meet-up information will be provided through an e-mail to the interest group list. If you are interested in participating this summer, please drop Linda Paris an e-mail asking to be added. An indication of what you are comfortable doing or specific places that would appeal for rambling are welcome. Would you like to see something special (for example calypso orchids)? More detailed information about place/time, meet up for carpooling and other details will be sent out through the interest list.

The scheduled trips are:

- July 5 (Wed): Caribou Townsite (loop) north and west of Nederland (shooting stars and easy access to tundra plants)
- July 17 (Mon): East Portal of Moffat Tunnel (out and back) west of Rollinsville
- August 2 (Wed): Anne U. White (out and back) north Boulder foothills (plants preferring shaded and moist Creekside locations)
- August 18 (Fri): Brainard Lake NRA Winter Parking (no timed entry reservation)

Wildflower rambles are relaxed and slow-paced trips to allow attention to the details of the flowers and plants and to make identification easier. We also spotlight particular flower groups. Bring sun protection, poles (if you use them), snack/lunch, water, rain gear and field guides. There is a carpool fee payable to the driver.

The rambles leader team of 6 welcomes everyone who likes to look for or wants to find out more about flowers. We recognize that there are many levels of expertise and pace among our rambles and also recognize that we will get strung out on our route because of that. Some want general information about the flowers and others are into keying them out. Our rambles policy is to provide several leaders to accommodate faster, moderate, and ambling paces. You are welcome to go as far as your interest or physical condition take you.

Rambles are not meant to be hikes. They don't have a specific end time and depend on travel distance to the ramble start, willingness of the participants, and weather.

6 Openings remain for the 10th Mountain Division Hut Trip

Arrangements have been made to go to the Ben Eiseman Hut on August 15, 16 and 17, 2023, 3 nights this time. It is near Vail, and there is a spectacular view of the ski area from the hut. Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either.

The cost will be \$125 per person. Volunteers will be solicited to prepare and clean up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided. Most are bunk beds.

For more information, contact Louisa Young.



September 5 to 7, 2023, Bike Trip

Coordinated by Richard Patnoe and Mark Stangl

Many of us have places to stay in Summit County with friends or family or on our own. We will compile a list for those that need space to possibly share with others. Please let me know if you have available space to host some of your other FSC friends. Each day will have some optional rides of varying levels of difficulty or ease. Exact details on mapping will be made prior to the trip.

Day 1: Tuesday, we would meet in Frisco on West Main Street area bike park and plan to ride to Copper Mountain then there's an option to continue riding up the Vail Pass or go to Fremont Pass. We suggest you get an early start in the morning in order to make that meeting time at 10:00 am in Frisco. Another option would be to ride from Frisco to Breckenridge and back.

Day 2: Wednesday, we would drive to Leadville and meet at the start of the Mineral Belt trail for an out-and-back ride of 18-23 miles total. As an add-on option, there is a Turquoise Lake ride loop of 15 miles.

<https://www.mineralbelttrail.com/mineral-belt-trail> and <https://www.alltrails.com/us/colorado/leadville/road-biking>.

Day 3, Thursday, We meet at the Frisco Marina and ride to Keystone to meet at the Kickapoo Brewery for lunch and then return to the start for our return home journey.

FSC Bike Safety Message

The FSC Board has adopted the following Bike Safety Policies. The Safety Chair, Arnie Mullen, came up with these requirements and recommendations for participating in bike rides with the Flatirons Ski Club. This will bring us in compliance with the club's insurance company's requirements.

1. Always wear a helmet. Biking gloves and protective eyewear are recommended.
2. Use hand signals when stopping, slowing down, and turning. Point at obstacles or hazards on the road (such as broken glass, branches, trash, etc.) so those following will be aware of them.
3. Don't wear headphones or any device that would prevent hearing sounds from other vehicles, pedestrians, runners, cyclists, dogs, and anything else that might be on the road or trail.
4. When passing pedestrians, runners, or other cyclists, use a bell or call out well ahead of time "on your left" or "on your right" and do not pass any closer than is necessary.
5. At intersections, before proceeding, observe traffic signals and make eye contact with vehicle drivers. Do not start to cross under the assumption that you have the right of way. You could be DEAD right.
6. If riding after dark, wear reflective clothing and use flashing lights.
7. Carry a spare tire tube, tire pump, gas cartridges for tires, and the tools necessary for minor repairs. Have the tools and knowledge required. If necessary, take a bicycle mechanics class.
8. Inspect your bike before each ride-tires, brakes, shifters, and lubricate the chain and sprockets periodically.
9. Agree on a route and an end point. The leader shall stop periodically and make sure everyone in the group is accounted for. Carry your cell phone and have it charged up and turned on.
10. The leader should review these rules with the group before each ride.



**October 10 to 13, 2023 (3 nights)
Avalanche Ranch**

Seems like a lot of folks want to know when the sign up for our great trip to Avalanche Ranch will open. Be patient. I anticipate starting with the September newsletter. In the meanwhile, I have been asked to announce the cost, so people can plan and budget accordingly.

This year for three nights the trip cost will be \$200.

The club will provide chili the first night, and we will ask some participants to provide salad, delicious cornbread, and dessert. We will have our typical happy hour gatherings before dinner, so please bring your favorite beverage and snacks to share. The second night the club has typically provided salmon and steamed broccoli - yum! On the last night we can decide to do a potluck or eat out. Last year several of us had dinner in the bar of the Redstone Inn, which is down the road a couple of miles. We are going midweek this year because the weekend dates were not available - no chance for their popular Apple Festival. For those who have not experienced the ranch, it is located along the Crystal River Valley about thirteen miles south of Carbondale. Typically, we get to enjoy prime aspen colors on the drive up and while hiking any of the several trails near the ranch. As a bonus sometimes we can marvel at the snow on top of Mt. Sopris as we soak in the hot pools at the ranch, which are open 24/7! The ranch has several cabins with different accommodations. This year the club has reserved three cabins plus the Ranch House where we will meet for our dinners. Two of the cabins have open floor plans and lofts. We need some hardy folks willing to climb up the ladders to the queen bed in each of the lofts. Please think about who you might be willing to room with. The Ranch closes their hot spring pools on Wednesdays for cleaning from 9-5, so we need to plan our soaks accordingly.


In the meanwhile, I hope everyone enjoys a fun and safe summer of hiking and Rocky Mountain activities.

Tom Cannon, Trip Coordinator

FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

July 2023 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Tuesday Hike 6:00 PM Happy 4 th 	5 Wildflower Ramble	6 Thursday Hike 7:45 AM	7 FAC 4:00 PM	8
9	10 Book Club 6:45 PM	11 2023 Tuesday Hike 6:00 PM	12 Crested Butte	13 Wildflower Thursday Hike 7:45 AM	14 Trip FAC 4:00 PM	15
16	17 Wildflower Ramble	18 Tuesday Hike 6:00 PM	19 FSC August Newsletter submittals due	20 3 rd Thursday Hike 7:45 AM	21 FAC 4:00 PM	22
23	24	25 Tuesday Hike 6:00 PM	26	27 Thursday Hike 7:45 AM	29 FAC 4:00 PM	29
30	31					

Board Members

President	Beth Gaffney		
V. President	Louisa Young		
Secretary	OPEN		
Treasurer	Martha Parks		
Publicity	Linda LaGanga		
Newsletter	Marianne Bachmann		
Membership	Linda Giandinoto		
Social Chair	Elease Miller		
Safety Chair	Arnie Mullen		
Downhill & Nordic Ski Chair	Richard Varey		
Activities (Co-Chairs)	Dorothy Cohen Maggie Livingston		

Members at Large

Mailing	Roger Briden		
Webmaster	Roger Briden		