

Flatirons Ski Club

Social



February 2024

An Outdoor Multi Sports and
Group
www.FlatironsSkiClub.com

**NEXT GENERAL MEETING WILL BE FEBRUARY 7TH, 7 PM AT
THE UNITARIAN UNIVERSALIST CHURCH OF BOULDER
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**

Message from the President

FSC has launched 2024 with lots of fun activities. Members can choose from overnight ski trips, day ski trips, hiking, snowshoeing and lots more. The Book Club met in January and selected a great lineup of books for the year. The FAC meets at 4 pm on Fridays to socialize with friends. You will find more information about FSC activities in this newsletter.

The Nominating Committee is being formed for 2024. The Nominating Committee will be searching for candidates to fill open Board positions. Let me know if you are interested in serving on the Board and/or Nominating Committee. FSC Members will vote on the slate of Board members at the April General Meeting.

Beth Gafney, President

FSC General Meeting program for Wednesday February 7th ROCK AND ICE

So, you think it's cold and snowy in Colorado sometimes? Let us take you to Antarctica in their late summer when the weather is as warm as it ever gets. Sue Evans and Louisa Young will share stories about their February-March 2023 trip to Argentina and Antarctica. We saw a lot of marine wildlife, trekked on snow and ice, and visited some very remote human outposts, going below the Polar Circle.

FSC Book Club

DATE:	Monday, February 12, 2024, Time: 7:00 PM
HOST AND LEADER:	Lisa Kirkland, 1050 Arapahoe St, Boulder (Highrise next to Boulder Main Library)
BOOK:	Grandma Gatewood's Walk by Ben Montgomery

Emma Gatewood told her family she was going on a walk and left her small Ohio hometown with a change of clothes and less than two hundred dollars. The next anybody heard from her, this genteel, farm-reared, sixty-seven-year-old great-grandmother had walked 800 miles along the 2,050-mile Appalachian Trail. By September 1955 she stood atop Maine's Mount Katahdin, sang "America, the Beautiful," and proclaimed, "I said I'll do it, and I've done it." Driven by a painful marriage, Grandma Gatewood not only hiked the trail alone, but she was also the first person—man or woman—to walk it twice and three times. At age seventy-one, she hiked the 2,000-mile Oregon Trail. The public attention she brought to the trail was unprecedented. Her vocal criticism of the lousy, difficult stretches led to bolstered maintenance, and very likely saved the trail from extinction.

Thursday Hikes January 2024

We continue to meet on Thursdays at the Meadows Shopping Center. We meet at 8:45 AM and leave at 9:00 AM. People can carpool from the Meadows Shopping Center, or they can drive by themselves to the trailhead. The Meadows Shopping Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the Bank and Remax realty building. Just look for people standing by their cars.

The weather is changeable. Be prepared for all types of weather.

Call or email Sue Evans or Louisa Young to let us know if you are planning to hike and to confirm that we will be hiking if the weather forecast is questionable.

3rd Thursday Hike

This hike is temporarily suspended; however, a regular Thursday hike replaces it, see above.

Tuesday Snow Shoeing

We will be going snowshoeing and cross-country skiing on Tuesdays. We will meet at NW corner of 7th and Delwood parking lot at 9:00 AM and leave at 9:15 AM. Bring layers of clothes, lunch, and water. We usually return by early afternoon.

Please let me know if you will be joining us.

Dorothy Cohen, Coordinator

Moab Trip May 5 to 10, 2024

The ski club will be going to Moab to the Lazy Lizard again this year. We will be in Grandma's and the Watermelon up and downstairs. The cost will be around \$130 for 5 nights. We will have a potluck Monday evening and happy hour nightly. We will be hiking and biking. The full amount will be due at the March 6 General Meeting.

Dorothy Cohen, Trip Leader

New! FSC Movie Night with Desserts and Decaf

Sign up at the February 7th General Meeting!



Join hosts Bob & Janet Evans for movie night where they'll be showing **Antarctica: A Year on Ice** <https://www.imdb.com/title/tt2361700/> 90 minutes. We'll serve fancy desserts like chocolate mousse cake and cheesecake plus nuts and chocolates. Decaf coffee and hot water for tea or other drinks are available. Load your plate and be ready for a deep dive into life on the South Pole.

"Filmed over 15 years by **Frozen Planet** photographer Anthony Powell, the film features a unique insider's point of view, with unparalleled access (to staff), and never before seen stunning footage of the deep Antarctic winters."

Bob Evans has worked at the South Pole twice, for shorter periods of time, and enjoys this insider's view of life on the

ice. Hope you can join us!

Date: Tuesday February 20th 7pm-9pm
Location: UU Church of Boulder, 5001 Pennsylvania Avenue
Cost: \$10, RSVP & payment required

Sign up at the February 7 FSC meeting or mail a check to organizer, Janet Evans
Questions, email Janet Evans (see FSC member roster for contact information)

Welcome to the new FSC members!

The ski season is in full swing, with mid-week skiing and overnight trips, we have new members who:

- May not know with whom to carpool with to the ski area, hotel, or trailhead.
- Don't know who downhill skis and cross-country skis, and at what level.
- May not be able to come to the monthly meetings to schmooze with us or be expert schmoozers.

Ski trip leaders work hard to organize the trips, and provide information on the resort, but there's only so much they can do to include new members. So, it's up to the rest of us to make new members feel welcome. Here are some things we can all do:

- Email the trip or group list if you can offer a ride.
- During group gatherings, stop the schmoozing momentarily, ask new members to introduce themselves and say what kind of skiing they do.
- If there is a lunch meetup make sure it's announced so everyone knows about it.

I'm still in my first year as a member, and have found a very warm welcome, whether skiing or joining in the club's other activities. Let's keep it up!

Richard Varey, Downhill & Nordic Ski Chair

2023/24 FSC MID-WEEK SKI SCHEDULE

Monday: Ed Hanson	Thursday: Arnie Mullen	1/20/2024
H: 303-993-4445, C: 303-902-3709	C: 303-859-2549	
Email: ewhfg@cs.com	Email: arniemullen@netscape.net	

MONDAY/TUESDAY (EPIC)			WEDNESDAY/THURSDAY (IKON)		
Date	Area	Carpool Fee	Date	Area	Carpool Fee
			30-Nov	Copper	\$10
4-Dec	Breckenridge	\$10	7-Dec	WP/MJ	\$10
11-Dec	Beaver Creek + 7:00am	\$15*	14-Dec	Copper	\$10
	+ Lunch at Joe Golden's Condo				
18-Dec	Breckenridge	\$10	21-Dec	Copper	\$10
26-Dec	Keystone	\$10	28-Dec	WP/MJ	\$10
2-Jan	Breckenridge (Tuesday)	\$10	4-Jan	WP/MJ	\$5
8-Jan	Vail 7:00am	\$15*	11-Jan	WP/MJ	\$10
16-Jan	Keystone (Tuesday)	\$10	17-Jan	Copper (Wednesday)	\$10
22-Jan	Breckenridge	\$10	25-Jan	WP/MJ	\$10
29-Jan	Keystone	\$10			
			1-Feb	Eldora 8:15	\$5
5-Feb	Breckenridge	\$10	8-Feb	WP/MJ	\$10
12-Feb	Keystone	\$10	14-Feb	Copper (Wednesday)	\$10
20-Feb	Breckenridge	\$10	22-Feb	Eldora 8:15am	\$5
26-Feb	Keystone	\$10	29-Feb	WP/MJ	\$10
4-Mar	Beaver Creek 7:00am	\$15*	7-Mar	WP/MJ	\$10
11-Mar	Vail 7:00am	\$15*	13-Mar	Copper (Wednesday)	\$10
18-Mar	Breckenridge	\$10	21-Mar	WP/MJ	\$10
25-Mar	Keystone	\$10	28-Mar	A-Basin	\$10
1-Apr	Breckenridge	\$10	3-Apr	Copper (Wednesday)	\$10
8-Apr	TBD		11-Apr	WP/MJ	\$10
15-Apr	TBD		18-Apr	TBD	

- An asterisk (*) indicates that there will be a parking fee in addition to the carpool fee.
- If you are not on Ed and/or Arnie's list of midweek skiers, please let them know of your interest.
- Unless otherwise noted, carpools depart at 7:30 from the Eldorado Park 'n' Ride on the northeast corner of Hwy 93 and Hwy 170 (sometimes called Marshall Rd). **Please arrive ten minutes early to ensure an on-time departure.** Let Ed or Arnie know if you are willing to drive. We can also meet skiers at agreed upon times in the Woolly Mammoth lot in Golden.
- Ski destinations are suggestions only, and may change depending on weather, traffic, ski conditions, or carpool preferences.
- Occasionally, Ed and Arnie may need alternate leaders when they are away on ski trips.
- The club's prevailing health guidelines apply to all activities.
- We typically wear green ribbons on our helmets so it's easy to find each other on the mountain. Let Ed or Arnie know if you need one.

2024 FSC Ski Trip Calendar

****IMPORTANT**** Note that total costs shown below are for double occupancy.

Dates	Destination	Lodging	# of Spaces	Nights	Lift Tix	Total Cost Per Person	Deposit	Balance Due	Trip Leaders
Jan 30-Feb 2	Monarch Mtn (& Wolf Creek)	Baymont (Salida)	20	3	M: 69+ ski free WC: Misc	\$200 (\$375 single)	\$40	12/6/23	Donna Cooper & Louise Geil
Feb 5-8	Snow Mtn Ranch	YMCA of the Rockies	28	3	lkon	\$165	\$40	12/1/23	Beth Gaffney
Feb 20-22	Snowy Range	Old Corral Hotel	18	2	Misc	\$102	\$35	12/15/23	Janne Cookman
Feb 27-March 1	Fraser/Winter Park	Fraser House Alpine Center	18	3	lkon	\$120	\$25	1/16/24	Louisa Young
March 4-8	Aspen/Snowmass	Comfort Inn/Suites (Carbondale)	40	3 or 4	lkon+	\$310/ \$410	\$100	1/4/24	Richard Varey
March 12-14	Leadville/Ski Cooper	Silver King Inn	30	2	Misc	\$130	\$30	1/15/24	Ed Gostling

Make sure you issue your FSC trip checks always to the FLATIRONS SKI CLUB and with the name of the trip in the FOR_____ line and of course your SIGNATURE_____

Suggested Carpool Fees for FSC Overnight Ski Trips 2024

After conferring with trip leaders and the Board, we did not feel it necessary to change the suggested carpool fees for this season's FSC overnight ski trips. These fees are loosely based on gas prices at \$3.50/gallon and a suggested carpool fee of 7 cents/mile, but keep in mind that driving incurs wear and tear on the car and can be stressful for the driver! They are guidelines only, and subject to change if recently volatile gas prices settle at a higher level.

Destination	Round Trip Mileage (from Central Boulder)	Suggested Carpool Fee (7cts/mile)
Crested Butte (Cristiana)	480	\$35
Steamboat	325	\$25
Monarch (Salida)	310	\$25
Snow Mtn Ranch & Fraser	175	\$15
Snowy Range (Centennial)	320	\$25
Aspen (Carbondale)	355	\$30
Ski Cooper (Leadville)	215	\$20

Notes:

- The carpool fees above do not include daily driving to the ski areas or restaurants from the lodging. These need to be figured out separately.
- Take into consideration the number of people who are in the car.
- Pricing is ultimately at the discretion of the driver and the type of vehicle in use.
- To avoid misunderstandings, discuss carpool fees prior to your trip departure.

Enjoy the season!

Richard Varey, Downhill & Nordic Ski Chair

Practice kindness, gratitude, and generosity.....

We are quite fortunate to have the health and financial means to attend FSC activities. Please keep in mind that those who clean our rooms and wait on us are often not as fortunate. **Please be generous with your tips, unless you know for certain that they are included in the trip price.** We would love for us to have the reputation of being kind and generous guests.

Also, please be mindful of deadlines. Our trip leaders work extremely hard to line up lodging and need to make deposits and final payments in a timely manner. If there are ANY changes to your trip plans, please notify the trip coordinators as soon as possible. If a room is reserved for you and you cancel, often it is difficult to get that room deposit returned. The earlier your cancellation, the better the chance of finding a replacement.

The Trip Leaders & Treasurer Thank you!

Ski and Snowboard Safety Tips!

We had an interesting program with the ski patrol and safety patrol from Copper Mountain at the January FSC General Meeting. I think their best tip was always looking around as you go down the mountain. You have to ski defensively. Remember that snowboarders have a blind spot and often don't see other people on the hill. Leave yourself an out. Try to keep lots of space between yourself and other skiers and snowboarders.

Other good tips they provided were:

- Do not do that additional last run of the day if you're too tired.
-
-

Keep your skis tuned because the powder can turn into a hard pack.

And one tip that I promote that they did not, is when you're coming up on somebody call out "on your right" or "on your left", loud enough, so it can be heard through headphones.

Also, keep your cell phone charged and keep it turned on for emergencies .

Thanks & be safe on the slopes.

Your FSC Safety Chair,
Arnie Mullen

SNOW MOUNTAIN RANCH YMCA OF THE ROCKIES February 5 - 8, 2024

Snow Mountain Ranch (SMR) in Fraser is a wonderful location for cross country skiing with miles of groomed trails. Snow Mountain Ranch offers snowshoeing, swimming, roller skating, arts & crafts, cross country skiing, and many other activities. Downhill skiing is located nearby at Winter Park, Mary Jane, and Granby Ranch. Cross country skiing is also available at Devil's Thumb and other sites nearby to Snow Mountain Ranch.

The accommodation includes two reunion cabins with seven bedrooms. The trip fee includes use of most of the YMCA facilities, meals, and lodging. Trip attendees prepare the group meals at the cabins, and food is available to take for lunch. The trip fee includes SMR trail pass, meals, and lodging.

If the two cabins are full and additional members want to join this trip, it may be possible to reserve lodge rooms for the overflow.

Cost: \$165 per person

Beth Gaffney: Trip Leader

Snowy Range 2024 February 20-22 (2 Nights)

Snowy Range Ski Area is beautifully nestled within the scenic Medicine Bow National Forest in southeast Wyoming. There's downhill skiing as well as many trails for cross country skiing. It's an easy drive with no mountain passes or tunnels to navigate and it's only about 2 1/2 hours from Boulder!

We will stay at the rustic and charming Old Corral Hotel which is in Centennial WY (2750 Hwy 130). The Old Corral Hotel is only 4 miles away from the ski area, which is really convenient. The trip fee of \$102 per person is based on double occupancy, and it includes 2 queen size beds, with mini fridge (microwaves are available in the common area). The hotel is within a 5-minute walk to Mountain View Café or Bear Bottom Bar & Grill, very handy for dinner or breakfast.

There are usually few people skiing mid-week at Snowy Range and it's a nice change of pace. Another really great thing is the price of the day ticket (18-69yrs) is only \$49 (last season) and everyone 70+ is free! So please join us as we ski Snowy Range Ski Area, Wyoming, 2024.

Please contact me with any questions.

Janne Cookman, Trip Leader

Fraser/Winter Park Trip Feb 27-March 1, 2024



For many years, the Ski Club has sponsored a trip to the Fraser House, which is located north of Tabernash. It's a large home, able to accommodate 18 people. Some are bunk beds. In the last few years, COVID has caused us to limit participation to 10 people, but with relaxation of restrictions, we can accommodate 18. It's a beautiful setting in a subdivision.

Downhillers can easily reach Winter Park or Granby Ranch. Those who prefer Nordic skiing or snowshoeing have many choices: Snow Mountain Ranch, Devil's Thumb, Colorado Experimental Forest, or the west side of Rocky Mountain National Park, among other options. No lift tickets or passes are included in the price.

Protein main dishes will be provided on Tuesday, Wednesday and Thursday, and breakfasts will be available on Wednesday, Thursday, and Friday. Makings for a sandwich and fruit lunch will also be provided. Participants are expected to bring 3 side dishes, salads, or dessert (one for each dinner).

There are a few openings for this fantastic trip. Louisa Young is the new leader. Final payments are due now. The total cost is \$120 per person. Make checks payable to Flatirons Ski Club and send them to Louisa.

Louisa Young, Trip Leader

SKI ASPEN/SNOWMASS 2024

March 4-7 or 8, 2024

There **MAY** be openings for a single male and female. If interested please contact Richard Varey to be put on the waitlist at no charge.

This trip is back in 2024, offering great skiing at Aspen, Aspen Highlands, Snowmass, and Buttermilk. We will be lodging at the same hotel in Carbondale as last year.

Lodging: **Comfort Inn & Suites**
920 Cowen Dr
Carbondale CO 81623
Phone: (970) 963-8880

Location: The hotel is in Carbondale, approximately 36 minutes (28mi) from Aspen/Snowmass and 3 1/2 hours from Boulder.

Web: <https://www.choicehotels.com/colorado/carbondale/comfort-inn-hotels/co116>

Cost: \$310 per person for 3 nights OR \$410 per person for 4 nights

Ski lift tickets are available online. The IKON Pass is good at all areas as follows: **IKON Base Plus Pass** for 5 days, IKON Pass (full) for 7 days. You must reserve your days in advance with IKON online - it's free. The IKON Base Pass is not valid here, so you must buy the **add-on**.

Includes:

- 3 nights OR optional 4th night lodging (2 queen beds per room)
- Each room has a microwave and refrigerator.
- Breakfast bar each morning
- Use of meeting room for club potluck on Monday night
- Drive/carpool to ski areas
- Outdoor fire pit, indoor hot tub & pool
- City Market, shops, and restaurants nearby

Please make checks payable to Flatirons Ski Club and put Aspen/Snowmass and 3 or 4 nights in the memo line.

Richard Varey, Trip Leader, Downhill & Nordic Ski Chair

Leadville Ski Trip

March 12 to 14, 2024

The trip is full, however extra rooms can be added.

Downhill - Ski Cooper Lift Tickets:

Age 75+, No cost for season pass. There is a \$10 RFID card charge at the window. Powder Alliance members get 3 free days here. It is part of Loveland pass benefits. Adults \$95, discounted to \$90 if purchased 2 days before online or at window.

Cross Country and Snowshoeing:

Excellent cross country is nearby (10 miles) at Tennessee Pass Nordic Center. It shares a parking lot with Ski Cooper. Features 25 km of groomed trails. This center has rentals, instruction, and dining. There is a \$25 daily use fee. See link:

https://www.tennesseepass.com/wp-content/uploads/2020/02/Nordic-Center-Trail-Map_Front-5.pdf

Further trip Details: The full trip description can be acquired from the FSC October newsletter.


Please contact me with any questions.

Ed Gostling, Trip Leader

FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

February 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Thursday Hike 8:45 AM	2 FAC 4:00 PM Trip	3
		Monarch Mtn	Wolf Creek	8 Thursday Hike 8:45 AM	9 FAC 4:00 PM	10
4	5 Snow Mtn	6 Snow Shoeing 9:00 AM Ranch	7 FSC General Meeting YMCA	8 Thursday Hike 8:45 AM Of the Rockies	9 FAC 4:00 PM	10
11	12 Book Club	13 Snow Shoeing 9:00 AM	14  Happy Valentine!	15 Thursday Hike 8:45 AM	16 FAC 4:00 PM	17 FSC March Newsletter submittals due
18	19 Presidents' Day	20 Snow Shoeing 9:00 AM Snowy	21 Range	22 Thursday Hike 8:45 AM Old Corral Hotel	23 FAC 4:00 PM	24
25	26	27 Snow Shoeing 9:00 AM Winter Park	28 Fraser House	29 Alpine Center	Trip	

Board Members

President	Beth Gaffney	303.499.6287	
V. President	Louisa Young	303.886.9080	
Secretary	OPEN		
Treasurer	Martha Parks	720.384.3582	
Publicity	Linda LaGanga	720.352.6805	
Newsletter	Marianne Bachmann	202.484.0964	<hr style="border: 1px solid blue;"/>
Membership	Linda Giandinoto	303.499.1647	
Social Chair	Eleese Miller	303.530.4376	
Safety Chair	Arnie Mullen	303.859.2549	
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	<hr style="border: 1px solid orange;"/>
Activities	Dorothy Cohen	303.494.0458	

Members at Large

Mailing	Roger Briden	303.402.0682	webmaster@flatironsskiclub.com
Webmaster	Roger Briden	303.402.0682	webmaster@flatironsskiclub.com